

**October 2017**

**Explorers - Exotic Fruits & Vegetables A to Z**

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
2 A- Artichoke	3 B-Banana	4 C- Coconut	5 D – Dragon Fruit	6 E – Egg Plant
9 F - Fennel	10 G- Guava	11 H- Honeydew Melon	12 J - Jicama	13 K - Kohlrabi
16 L - Lychee	17 M - Mango	18 N – Nungu	19 O - Okra	20 P - Papaya
23 Q - Quince	24 R - Rambutan	25 S – Sugar Apple	26 T - Tamarind	27 U – Ugli Fruit V – Vanilla Field Trip to Botanical Garden
30 W – Water Cress X – Ximenia Caffra	31 Y – Yuca Z - Zucchini			

**\*Please bring anything related to the unit; fruit veggie (books, recipes, own creations)**

**Fruits & Vegetable Recipes to share are encouraged**