

# November 2017

## Explorers – Healthy Foods

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
		1 Field Trip Farm <b>L, C, P(GM), SE</b>	2 The Food Pyramid <b>L, C</b>	3 Healthy Fruit Pizza <b>L, C, P(FM), SE</b>
6 Eat the Rainbow <b>L, C, P(FM), SE</b>	7 Healthy Food Basket <b>L, C</b>	8 Field Trip Asian Market <b>L, C, P(GM), SE</b>	9 Food for Healthy Teeth <b>L, C</b>	10 We Love Healthy Food Graph <b>L, C, SE</b>
13 What our body needs to be healthy and strong <b>L, C, SE</b>	14 Kids Healthy Eating <b>L, C, SE</b>	15 Junk Food Vs Healthy Food <b>L, C, SE</b>	16 Paper Plate Pizza <b>L, C, SE, P(FM)</b>	17 Field Trip Co-op <b>L, C, P(GM), SE</b>
20 Grocery Store Bingo <b>L, C, P(FM), SE</b>	21 Paper Plate Salad <b>L, C, P(FM), SE</b>	22 Cooking Project Applesauce <b>L, C, P(FM), SE</b>	23 TPCDC CLOSED	24 TPCDC CLOSED
27 Field Trip Whole Food Market <b>L, C, P(GM), SE</b>	28 Field Trip Hispanic Market <b>L, C, P(GM), SE</b>	29 Cooking Project Fresh Salad <b>L, C, P(FM), SE</b>	30 Cooking Project Homemade pumpkin bread <b>L, C, P(FM), SE</b>	

Developmental Areas Key:

**L** = Language      **C** = Cognitive (reasoning, logic, math, science)      **P** = Physical ~ **GM** = Gross Motor; **FM** = Fine Motor      **SE** = Social & Emotional