

November 2017

Munchkins- Healthy Food & Exercise

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
		1 Food Hunt P(FM&GM), L	2 Apple Print P(FM), SE	3 Song "I like to Eat Apples & Bananas" L, C, SE
6 Sorting food by color C, SE, L P(FM)	7 Comparing Healthy Food to Unhealthy Food C, L, SE	8 Fruit Show & Tell L, C, SE	9 FIELD TRIP	10 Make Cheerios Necklace & Fruit Salad P(FM), C, L, SE
13 Counting Slices of Oranges C, L, SE, P(FM)	14 Pot Luck Lunch L, SE, P(FM)	15 Food Collage P(FM), C, L, SE	16 Decorated a Pyramid P(FM), L, C, SE	17 Thanksgiving Lunch SE, L
20 Let's Get Them Moving (Feet Game) P(GM), L, C, SE	21 Finger Painting P(FM), L, C, SE	22 Foot Prints w/ paint P(GM), CK	23 TPCDC CLOSED	24 TPCDC CLOSED
27 Walk in the blue line (practice balancing) P(GM), C, SE	28 Parachute Exercise P(FM &GM), C, SE	29 Counting while doing Jumping Jacks P(GM), L, C, SE	30 ABC Exercises P(GM), L, C, SE	

Developmental Areas Key:

L = Language **C** = Cognitive (reasoning, logic, math, science) **P** = Physical ~ **GM** = Gross Motor; **FM** = Fine Motor **SE** = Social & Emotional