

OCTOBER**BREAKFAST MENU**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 CORN CHEX MILK FRUIT	3 MUFFINS FRUIT MILK	4 KIX FRUIT MILK	5 WAFFLE APPLESAUCE MILK	6 CHEERUIB MILK FRUIT	7
8	9 LIFE FRUIT MILK	10 PANCAKES APPLESAUCE MILK	11 CHERRIOS CEREAL* FRUIT MILK	12 HOT OATMEAL* MILK RAISINS	13 RICE CHEX CEREAL* MILK FRUIT	14
15	16 MUFFINS* FRUIT MILK	17 LIFE CEREAL* MILK FRUIT	18 MULTIGRAIN TOAST* JELLY-MILK FRUIT	19 CORN CHEX CEREAL* FRUIT MILK	20 WAFFLES* MIKK FRUIT	21
22	23 LIFE CEREAL* FRUIT MILK	24 HOT OATMEAL* MILK RAISINS	25 KIX* FRUIT MIL;K	26 BAGELS* CREAM CHEESE FRUIT MILK	27 RICE CHEX* CEREAL MILK FRUIT	28
29	30 MUFFINS* FRUIT MILK	31 CORN CHEX* FRUIT MILK	27	28	29	30

**FRUITS SERVED FOR BREAKFAST-APPLES, ORANGES, PEARS, GRAPES, BANANAS, STRAWBERRIES, MELONS
MIXED FRUIT, BLUEBERRIES AND SEASONAL FRUIT.**

(* = A WHOLE GRAIN RICH)

2017