

Monday	Tuesday	Wednesday	Thursday	Friday
Introduction to Healthy Foods				
2 Open-Ended Question & Documentation What do you consider healthy foods? How can healthy foods help us? Science Match each food with the corresponding body part it benefits	3 Field Trip [Redacted] Be here by 9:30AM Depart by 10AM Return around 2 PM Bag Lunch	4 Open-Ended Question & Documentation What kinds of foods do you like to eat at home? What's your favorite thing to eat for breakfast, lunch and dinner? Cooking Project Making a smoothie in our classroom! <i>New Spanish Music Class with Ms. Teresa J.</i>	5 Field Trip [Redacted] Be here by 9:30 AM Depart at 10 AM Return around 2 PM Bag Lunch	6 Language and Discussion How many fruits and vegetables can you name? Science and Cooking Project Making applesauce in our classroom! <i>Yoga Class</i>
The Food Pyramid + Leo				
9 Language and Discussion Learning facts about the food pyramid. What are your favorite foods to eat? Book <i>The Food We Eat</i> <i>Funtastic Fitness</i>	10 Language and Discussion Learning about proteins, grains, and dairy. Which kinds of these foods do we know? Arts & Crafts Healthy Food Collage	11 Field Trip [Redacted] Be here by 9:30 AM Depart at 10 AM Return around 2 PM Bag Lunch	12 Open-Ended Question & Documentation What do our bodies need to be healthy and strong? Science Experiment Magic Milk Experiment How do liquid and colors interact when soap is added to milk? Music with Mr. Bill 🕒 Holiday Toy Drive Deadline 🕒	13 Language and Discussion Do you have a favorite kind of cheese? What kinds of foods do you like to eat with cheese? Science and Discovery Cheese Tasting Activity Share which cheeses you like and don't like!
Healthy Food vs "Sometimes" Food + Aleta				
16 Language and Discussion What are your favorite fruits to eat? Arts & Crafts Apple Stamping <i>Funtastic Fitness</i>	17 Open Ended Question & Discussion What kind of foods do you think people eat around the world? Field Trip [Redacted] Be here by 11 AM Depart at 11:30 AM Return around 1 PM Lunch Provided	18 Language Discussion What are your favorite vegetables to eat? Arts & Crafts Broccoli Stamping <i>Spanish Music Class</i>	19 Large Group Activity Make a chart with healthy food and "sometimes" food Book <i>The Berenstain Bears and Too Much Junk Food</i> Parent Engagement Parents, please join us for a Winter Wonderland Paint & Sip 10:30-11:30 AM	20 Open Ended Question & Discussion What are your favorite treats to eat? Arts & Crafts Paper Plate Donut Craft <i>Yoga Class</i>
Healthy Foods Recap & Review		Winter Break		
23 Open Ended Question & Discussion What's been your favorite food that we've learned about this month? Book <i>Eating the Alphabet</i>	24 Science Area Color sorting with different fruit and vegetable toys. We will also count how many fruits and vegetables we put into the bucket. Book <i>I Can Eat A Rainbow</i> TPCDC Closes at 3 PM	25 TPCDC Closed	26 TPCDC Closed	27 TPCDC Closed
Winter Break				
30 TPCDC Closed	31 TPCDC Closed			

Munchkins | Show & Share

December 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2	3	4	5	6 FG
9 LD	10 NE	11 JCC	12 CN	13 AL
16 FN	17 MH	18 RD	19 SB	20 EN
23 JS	24 TPCDC Closes at 3 PM	25 TPCDC Closed	26 TPCDC Closed	27 TPCDC Closed
30 TPCDC Closed	31 TPCDC Closed	Children should bring in a picture, book, or toy of their favorite foods to eat and let us know why they like it!		