Munchkins | Sports & Exercise

Monday	Tuesday	Wednesday	Thursday	Friday
	Iı	ntroduction to Sports & Exercis	se	•
2 Open-ended Question & Discussion What do we know about sports and exercise? Book Pete the Cat: Play Ball Spanish Music Class	Janguage & Discussion Are all sports the same? How are they different? Fine Motor, Math & Seriation Find the matching sports card and keep score on who found the most matches.	4 Field Trip Be here by 9 AM Depart at 9:30 AM Return around 3 PM Bag Lunch	5 Language & Discussion What does exercise mean? Why is it important to exercise? Gross Motor Work out in groups of 4 doing exercises such as jumping jacks, high kicks, and squats.	6 Language & Discussion What kind of exercises do you like to do? Have you ever been in a race? Gross Motor Relay race with foam batons
		Soccer Week		
9 Open-ended Question & Discussion What do you know about soccer? Gross Motor Game Soccer Ball Race Funtastic Fitness	Language & Discussion What are some of the shapes you see on a soccer ball? Art and Craft Make a soccer pillow	Open-ended Question & Discussion How many players make up a soccer team? Field Trip & Munchkins Soccer Game (Gross Motor) Be here by 10 AM Depart at 10:30 AM Return around 3 PM Bag Lunch Wear Your Favorite Sports Jersey!	Book Froggy Plays Soccer Math Create a graph of the Munchkins' favorite sports	Be here by 8:30 AM Depart at 9 AM Return around 3 PM Bag Lunch Chaperones Welcome
		Golf Week		L
Be here by 9 AM Depart at 9:30 AM Return around 3 PM Bag Lunch	17 Gross Motor Putting Practice: Practice swinging a golf club and hitting a ball. Last Day of the MCPS Year	18 Parent Engagement Doughnuts for Dads 8:30-9:15 Happy Father's Day! Open-ended Question & Discussion If you could create your own version of golf, what would it be?	19 TPCDC Closed Juneteenth	20 Math/ Fine Motor Skills Children will create a pattern in repeating sequences using various sports stickers. Book I Love Golf
		Tennis Week		
23 <u>Language & Discussion</u> What do you know about tennis? How is it played? <u>Tennis Camp</u> The children will have "tennis camp" outside, practicing their swing and form.	24 Language & Discussion Have you ever played tennis before? Game Play a game of table tennis. Splash day (Come in Swimsuit)	Pield Trip Be here by 9 AM Depart at 9:30 AM Return around 3 PM Bag Lunch	26 Language & Discussion What kind of equipment do we need to play tennis? Exploring the different materials needed. Splash day (Come in Swimsuit)	27 <u>Gross Motor</u> Children will practice their hand-eye coordination using a tennis racket with balloons. <u>Book</u> Ready, Set, Go!
Sign up for Parent/Teacher C	Conferences June 30- July 3			
Review				
30 Language & Discussion What is a sport that you like playing that you have never played before?				
Art The children will draw a picture of their favorite sport.				

Munchkins | Show & Share

June 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
	CM	NE	FN	ER	
9	10	11	12	13	
MC	AL	MH	KRF	RD	
16	17	18	19 TPCDC Closed Juneteenth	20	
FG	LD	EN		JCC	
23	24	25	26	27	
SB	CN	KJM	JS	RG	
30	Children should bring in something sports-related.				