

BREAKFAST

OCTOBER 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1 CINNAMON CEREAL* FRUIT MILK	2 BLUBERRY MUFFINS FRUIT MILK	3 KIX FRUIT MILK	4 PANCAKES* APPLSAUCE MILK
7 RICE KRISPIES FRUIT MILK	8 BAGELS* CREAM CHEESE FRUIT MILK	9 LIFE FRUIT MILK	10 MULTIGRAIN TOAST* JELLY FRUIT MILK	11 HONEY BUNCHES OF OATS* FRUIT MILK
14 KIX FRUIT MILK	15 WAFFLES* FRUIT MILK	16 RICE KRISPIES FRUIT MILK	17 PANCAKES* APPLESAUCE MILK	18 LIFE* FRUIT MILK
21 CORN CHEX FRUIT MILK	22 MULTIGRAIN TOAST* JELLY FRUIT MILK	23 CHEERIOS FRUIT MILK	24 ENGLISH MUFFINS* FRUIT MILK	25 HONEY BUNCHES OF OATS FRUIT MILK
28 KIX FRUIT MILK	29 PANCAKES* APPLESAUCE MILK	30 CINNAMON CEREAL FRUIT MILK	31 BAGELS* CREAM CHEESE FRUIT MILK	

*=Whole Grain. Fruit served with snacks and breakfast include grapes, bananas, oranges, pears, apples, blueberries, strawberries, melon, cantaloupe and fruit cups (mangos, mixed fruit, peaches). Vegetables include carrots, cucumbers, bell peppers, green salad, coleslaw, tomatoes, mixed vegetables, green peas, and carrots. Milk is whole for under 2; 1% for all others.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

AM SNACKS

OCTOBER 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1 DINO BITES CRACKERS FRUIT WATER	2 PITA BREAD CHEESE FRUIT WATER	3 GOLDFISH FRUIT ORANGE JUICE	4 GRAHAM CRACKERS FRUIT MILK
7 PITA BREAD CHEESE FRUIT WATER	8 PRETZELS STRING CHEESE FRUIT WATER	9 GOLDFISH FRUIT WATER	10 CARROTS CUCUMBERS FRUIT CRACKERS ORANGE JUICE	11 SUN RISE BITES CRACKERS FRUIT WATER
14 RICE CAKES FRUIT WATER	15 ANIMAL CRACKERS FRUIT WATER	16 PITA BREAD CHEESE FRUIT WATER	17 HUMMUS PITA CHIPS FRUIT APPLE JUICE	18 YOGURT FRUIT CRACKERS WATER
21 CUCUMBERS CARROTS FRUIT CRACKERS ORANGE JUICE	22 GRAHAM CRACKERS FRUIT MILK	23 VEGGIE STRAWS FRUIT WATER	24 SUN RISE BITES CRACKERS FRUIT WATER	25 RICE CAKES FRUIT WATER
28 CRACKERS HUMMUS FRUIT APPLE JUICE	29 ALPHABET CRACKERS* STRING CHESSE FRUIT WATER	30 DINO BITES CRACKERS FRUIT WATER	31 CARROTS CUCUMBERS FRUIT CRACKERS WATER	

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PM SNACKS

OCTOBER 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1 SALSA CHIPS FRUIT WATER	2 HONEY TURKEY STICKS FRUIT CRACKERS APPLE JUICE	3 CARROTS PEPPERS CUCUMBERS CRACKERS FRUIT WATER	4 YOGURT CRACKERS FRUIT WATER
7 VEGGIE STRAWS FRUIT APPLE JUICE	8 GRAHAM CRACKERS FRUIT WATER	9 SEAWEED FRUIT CHEESE WATER	10 RICE CAKES FRUIT WATER	11 HUMMUS PITA CHIPS FRUIT WATER
14 SOFT PRETZELS FRUIT WATER	15 VEGGIES FRUIT CRACKERS WATER	16 SUNRISE BITES CRACKERS FRUIT WATER	17 SALSA CHIPS FRUIT WATER	18 HONEY TURKEY STICKS CARROTS FRUIT WATER
21 YOGURT FRUIT WATER CRACKERS	22 SOFT PRETZELS FRUIT WATER	23 VEGGIE BITES BROCCOLI FRUIT WATER	24 TUNA CRACKERS FRUIT WATER	25 HUMMUS PITA CHIPS FRUIT APPLE JUICE
28 GRAHAM CRACKERS FRUIT WATER	29 SEAWEED FRUIT CHEESE ORANGE JUICE	30 HONEY TURKEY STICKS CARROTS FRUIT WATER	31 RICE CAKES FRUIT WATER	

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